



Coaching Youth Netball: An Essential Guide for Coaches, Parents and Teachers (Paperback)

By Anita Navin

The Crowood Press Ltd, United Kingdom, 2016. Paperback. Book Condition: New. 235 x 165 mm. Language: English . Brand New Book. Coaching Youth Netball is a one-stop resource that will offer coaches, teachers and parents everything they need to deliver fun, dynamic, player-centred practice sessions as well as guidance to how to run a team and a club. Coaches at all levels will find ideas and information that will help them formulate plans to suit their players abilities. Topics covered include practical games and drills; fundamental skills including movement, catching, throwing, passing and shooting; game sense, defensive and attacking skills and ways to manage your team and your club.



READ ONLINE
[4.01 MB]

Reviews

This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.

-- **Lillie Toy**

It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- **Miss Marge Jerde**