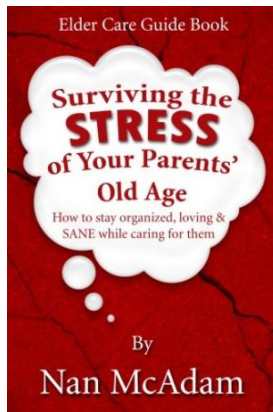


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## SURVIVING THE STRESS OF YOUR PARENTS OLD AGE: HOW TO STAY ORGANIZED, LOVING, AND SANE WHILE CARING FOR THEM



Nan McAdam. Paperback. Book Condition: New. Paperback. 282 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. Baby boomers are aging and retiring, creating the largest group of seniors the world has ever known. This trend has adult children looking at uncertain futures of meeting their retirement and life goals while providing for their aging parents. Along this journey of providing care, many care givers are dealing with life crippling stress. 54 of female care givers exhibit chronic health conditions, while 51 of...

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