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Emotional Abuse Silent Killer of Marriage - A Recovering Abuser Speaks Out

By Austin James

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Stuck in an ABUSIVE RELATIONSHIP Burrow inside an emotional abusers head and find out why I . . . am so charming one minute and a raging manic the next blame you for everything must stay in control all the time belittle your feelings, opinions, or your accomplishments try to punish you never seem to support you cut you down in front of friends and family can't stop my behavior even if I wanted to cause you to walk on eggshells around me am angry so much of the time don't provide your emotional needs can't admit when I am wrong expect so much of you can't accept the word NoGo on a revealing, first hand journey with a man, husband, and father who spent 33-years locked in the prison of emotional abuse, as it destroyed his 24-year marriage and crippled the woman and children he loves, and experience an awakening that hurled him through a nightmarish journey to the most inner core of his soul. Discover what he learned during five years of recovery as he put his emotionally destructive lifestyle behind him, and later, discovered that the horrors of his 33-year...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**