



## Paleo Down South Cookbook 50 Quick and Easy Comfort Food Recipes

By Karen Millbury

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 54 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. Comfort foods always bring the image of fat-rich, saucy foods, which needless to say are not considered healthy but what if we told you that we have the perfect cookbook for you that can provide you the recipes of delicious and healthy comfort food. Yes, this cookbook right here is for all those foodies whod like to take a food trip down south while staying on a strict Paleo diet. Here is your dream cookbook! We have here 50 Paleo recipes including: 1. Sidelines 2. Lunch 3. Dinner 4. Desserts 5. Cocktails So, are you ready to go pick out your favorite mouth watering southern food This item ships from La Vergne, TN. Paperback.



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